



Veggie Pan'Ino

Alessandro Frassica

ISBN	9788867531677
Publisher	Guido Tommasi Editore
Binding	Hardback
Size	240 mm x 190 mm
Pages	144 Pages
Illustrations	140 color, b&w
Price	£16.00

- Enjoy the taste of Italy, and Tuscany in particular, conveyed by this colourful book showing simple sandwiches, that are packed with flavour, made with vegetarian and vegan healthy ingredients
- Contains 45 recipes

The closest Italy comes to fast food, the panini is perfect for anytime dining: at home, for lunch at work or school, as a snack, or picnic fare. Located just steps from the Uffizi Gallery in Florence, Alessandro Frassica's 'Ino is celebrated for its gourmet panini – simple sandwiches that here are elevated to an art form. The choice and combination of ingredients, the quality of the bread, and attention to preparation are the hallmarks of Frassica's panini. Here this charismatic chef selects forty-five of his favourite vegetarian and vegan recipes, fully illustrated in colour, and adapted for easy preparation in the home kitchen.

Alessandro Frassica runs a quality sandwich shop in the heart of Florence