



# Welcome to Bhutan

Where Happiness Lives

Photographs by David Francis

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- Richly detailed coffee table photobook with beautifully written insights exploring the interconnected themes of place, people, culture, and hope for the future as sources of Bhutan's persistent happiness
- The book uniquely mixes medium format and high-resolution 35mm digital photography in the tradition of fine art with writings from a Bhutanese local, who has spent his life introducing outsiders to his beloved country and way of life

Bhutan has the reputation as being the happiest place in the world and prides itself on its index of Gross National Happiness. Whether Bhutan's claim to the happiness pedestal is hype, or verifiable fact, Bhutan is a remarkable place! A small country, Bhutan is nestled in the Himalayas between China, India, Tibet, and Nepal.

Steeped in Buddhist tradition which commands respect for the environment and all creatures in it, discipline, and acceptance, Bhutan prides itself on basing its governmental decisions on their impact on the collective happiness of the country. Not that long ago, Bhutan was closed to the outside world, but as it has opened up to tourism, it has also worked hard to hold onto its traditions while trying to build the infrastructure to allow a balance of modernisation and tradition. At least four factors contribute to Bhutan's charm and spirit: the place, the people, the culture, and the hopefulness that these elements will persist into the future as reflected through the children of Bhutan. This large format photobook explores these themes through four interdependent sections of fine art photographs shot in either full frame medium format or 35 mm and presented with accompanying native insights into Bhutan and Buddhism.

**Dr. David Francis** holds a Hugh Roy and Lillie Cranz Cullen Distinguished University Chair in Psychology at the University of Houston. His research focuses on reading development, developmental disabilities, and the education of at-risk populations. His photos have won awards and appeared in juried shows across the United States. **Namgyal (Namgay) Tshangkhap** is one of the co-founders of Illuminating Tours. He works as a head tour guide for the company and leads some of Illuminating Tours recurring and custom photography tours in Bhutan.

