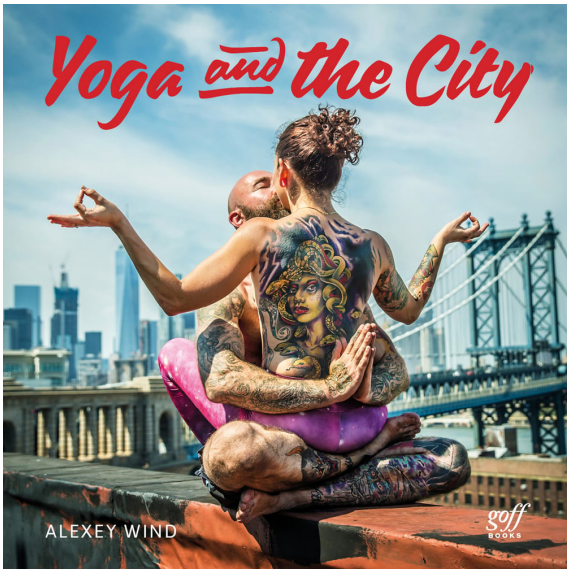
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# Yoga and the City

## Alexey Wind

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- Enriched with yoga philosophy, healthy lifestyle, fitness, art, travels and spirituality

*Yoga and the City* photographically documents a variety of people who are committed to yoga philosophy and yoga lifestyles in big cities – people, who live in the middle of hustle and bustle, but manage to maintain their harmony and happiness. It doesn't matter what is surrounding them, what really matters is how they look at everything around them. Possibly, when people see this photography, they will decide to try yoga or meditation. *Yoga and the City* combines art, spirituality, and sport. It is a reflection of strength and power – strength to overcome adversities and to find balance while living in a fast paced environment. Yoga is a way to find alignment, to become closer to your spiritual core.

**Alexey Wind** was born in Kamchatka, Russia and moved to the US in 2010, where he started his career in art. During his time in the US, he has created and participated in a variety of art and creative projects, including a number of exhibitions and solo shows. Alexey Wind's works are selling in high-end galleries throughout the United States. In addition to his creative career, Alexey studies and teaches yoga and meditation and continues to travel and inspire people.

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