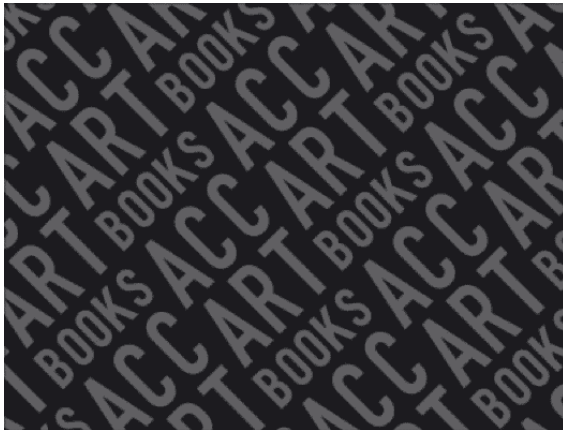




Yoga & Art

Renee Schettler

ISBN	9789465510712
Publisher	Lannoo Publishers
Binding	Paperback / softback
Territory	World excluding Benelux France, Switzerland & Scandinavia
Size	240 mm x 170 mm
Pages	256 Pages
Illustrations	150 color
Name of series	Art & Stay
Price	£35.00

- Stillness in Motion: The Art of Yoga
- Features 25 hand-selected yoga-inspired artists, with interviews and their finest work showcased
- Written by Renee Schettler, editor-in-chief of *Yoga Journal*, bringing authoritative insight into yoga culture
- Fourth installment in a beloved series, after *Surf & Art*, *Skate & Art*, and *Ski & Art*

Yoga & Art is an in-depth exploration of the world of yoga, in which breath, movement and creativity flow seamlessly. In this richly illustrated book, author Renee Marie Schettler explores how yoga culture inspires artists across styles, from meditative line drawings to paintings that capture the stillness of a pose mid-motion. The fourth book in a series including *Surf & Art*, *Skate & Art* and *Ski & Art*, **Yoga & Art** tells the story of a practice shaped by ancient tradition, contemporary life, and a shared search for balance and presence. The book features 25 yoga-inspired artists whose work explores diverse and thoughtful interpretations of the same practice. **Yoga & Art** is a must-have for anyone fascinated by the crossover between mindfulness and art, and touched by the quiet power of the practice.

Renee Schettler has written, edited, conceptualised, and otherwise refined reported articles, lifestyle features, essays, reviews, excerpts, listicles, how-tos, blurbs, social media posts, and more for award-winning print and online publications, including *Real Simple*, *Martha Stewart Living*, and *The Washington Post*. That includes a snippet on NPR's *Morning Edition*, several awards, and a piece on the front page of *Wall Street Journal Asia*. She is currently editor-in-chief of *Yoga Journal*.

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