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Tel: +1 212 645 1111
Email: ussales@accartbooks.com
Web: https://www.accartbooks.com/us



111 Places in Cornwall That You Shouldn't Miss

Catriona Neil

Adrian Spalding

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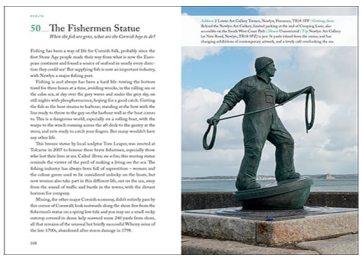
- The ultimate insider's guide to Cornwall for locals and experienced travelers
- Features interesting and unusual places not found in traditional travel guides
- Part of the international *111 Places* series with over 650 titles and 3.8 million copies in print worldwide
- Appeals to both the local market (almost 566,000 people call Cornwall home) and the tourist market (around 5 million people visit Cornwall every year!)
- Fully illustrated with 111 full-page color photographs
- Fully revised and updated

Cornwall is known for its spectacular scenery, tiny fishing harbors, sandy beaches and surfing. Outside the tourist hot spots it has an intricate landscape full of life, where the ancient meets the modern. This guide takes you deep into this landscape, to old forgotten places and new exciting venues, from Land's End to the Rame Peninsula, from Lizard Point to Bude.

Come with us from the old – to where Excalibur was thrown into the lake hundreds of years ago – to the modern – to the settings for the *Poldark* TV series. Come with us from the tiny – the tombstone of Alfred Wallis – to the huge – the intricate folded rocks on Millook beach. Join us from the noisy – Trevithick's Puffing Devil – to the quiet – the tranquil Japanese garden.

Cornwall has changed. It is an intriguing mix of modern gastronomy, mining heritage, ancient ruins, literary festivals, traditional dances and brand-new technology. This guide is a personal selection of the best places, a mix to cover all tastes; please join us on our journey.

Adrian Spalding runs an environmental consultancy company with Catriona in Cornwall, where he has lived for over 40 years. He is an Honorary Research Fellow at the University of Exeter. He has written several books on wildlife and won the Holyer-an-Gof prize for his book on Loe Bar. He has a special interest in the abandoned mining landscapes. He used to host a weekly wildlife programme on Radio Cornwall. His latest book is *Understanding wildlife in the modern world – why nature conservation isn't working*.
Catriona Neil is a professional ecologist who has lived all her life in Cornwall. Her great love is the coast in all its guises, the natural environment, industrial heritage and unique landscapes. Working on large construction projects in Cornwall has given her a unique insight into its economic activity and where it future lies.







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