



Adam

Theo Zeal

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| ISBN | 9791280978349 |
| Publisher | L'Artiere |
| Binding | Paperback / softback |
| Territory | USA & Canada |
| Size | 6.69 in x 8.5 in |
| Pages | 84 Pages |
| Illustrations | 46 b&w |
| Price | \$55.00 |

- A moving exploration of friendship as a grounding force during the artist's struggle with Lyme disease
- Features unique darkroom techniques that turn photographs into "unearthed artifacts," appealing to collectors of fine art photography
- Blends the documentary tradition of following a subject with a fictionalized, atmospheric approach to landscape
- Highlights the physical nature of film photography and the darkroom as a space for storytelling and reflection
- Addresses vulnerability, the human connection to the land, and the elusive nature of the people we love most

Adam is a photobook by **Theo Zeal** that follows his lifelong friend as he forages. Theo creates a fictional landscape, positioning Adam within it to attempt to portray and contain his elusive friend. Created over four years while Theo experienced the alienating symptoms of Lyme disease, following his friend became an instinctive response to a growing sense of disorientation and fear. Through Theo's darkroom process, the images become fragile artifacts, as though unearthed from the very ground Adam treads. The result is a haunting meditation on the act of seeing and the quiet magic of friendship.