



# Boost Your Creativity

## 64 Exercises to Unlock Your Mind Through Play

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- **Boost Your Creativity** is a hands-on guide designed to break down creative barriers and get you moving
- Practical exercises that help you get started immediately
- Creative prompts to challenge your thinking and inspire new ideas
- Quotes and insights to keep you motivated and on track

Stop waiting for the perfect moment. **Boost Your Creativity** is a hands-on guide designed to break down creative barriers and get you moving. Packed with more than 64 powerful principles like “Think Long, Write Short” and “Quantity Over Quality,” this book provides quick, actionable exercises that will spark your imagination and push you into action. Inside, you’ll find:

- Practical exercises that help you get started immediately
- Creative prompts to challenge your thinking and inspire new ideas
- Quotes and insights to keep you motivated and on track

Whether you're an artist, writer, designer, or simply someone looking to bring more creativity into your life, **Boost Your Creativity** gives you the tools to take immediate action. Don't wait for inspiration—create it!

**Steve Brouwers** is a Belgian creative director, author, and speaker with over 25 years of experience in the media industry. As an inspirational speaker, Brouwers shares his experiences and insights on creativity and the media industry at events worldwide. He is known for his candid discussions about imposter syndrome and procrastination, resonating with many in the creative community. He is the author of *Creatives on Creativity*, published by Luster in 2021.

