TITLE INFORMATION
Tel: +1 212 645 1111
Email: ussales@accartbooks.com
Web: https://www.accartbooks.com/us



Britain's Best Saunas

Lucie Grace

ISBN	9781917719087
Publisher	Hoxton Mini Press
Binding	Hardback
Territory	USA & Canada
Size	5.7 in x 8.22 in
Pages	224 Pages
Illustrations	150 color
Price	$30.00

Social, relaxing and actually really good for you… saunas are replacing the pub as Britons' favorite pastime. They can be found everywhere, from rugged Pembrokeshire coastlines and Scottish islands to inner-city car parks. Some are so traditional, they could have been plucked from Helsinki; others put an innovative – and distinctly British – spin on things, with saunas in repurposed horseboxes and pub backrooms. Many are new, boasting dynamic community events (sweaty yoga, anyone?); some are as old as Britain's heritage spa towns. This book explores the very best of them.

Lucie Grace is a writer focusing on culture, travel and wellness. She first fell in love with the power of sauna on a trip to Budapest aged 19. She's been chasing steam ever since.

Published 25th Aug 2026