



Comfort Zone

Creating the Eco-Elegant Interior

Trudy Dujardin

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- Tells Trudy Dujardin's compelling story of her journey to becoming the leading interior designer she is today

"Artfully demonstrates with over 350 photographs that being green doesn't mean you can't be stylish, too." **New York Post**

"She is an expert in the sustainable design movement and has lots of great ideas to share with us from tips on non-toxic paints to green furniture." **Washington Post**

"Not only does Trudy Dujardin create beautiful serene settings in which to live but healthy and environmentally conscious ones."

Quintessence Blog *Comfort Zone: Creating the Eco-Elegant Interior* welcomes readers to a fresh 21st century approach to interior design, one that emphasizes beautiful rooms, healthful furnishings and building materials, and extraordinary comfort, while thoughtfully considering the world outside our doors. Trudy Dujardin, ASID, LEED AP +ID + C, presents her work as one of the country's most accomplished interior designers with the signature passion and commitment that made her a pioneer in the sustainable design movement. *Comfort Zone* offers an intimate view into award-winning interiors in some of the most stunning homes in America. From chic urban apartments to luxurious coastal vacation homes, meticulously restored sea captains' manses, and modern houses built by renowned architects, Trudy's emphasis on creating gracious, classically elegant interiors is demonstrated with striking color photography. You'll learn how to choose non-toxic paints and finishes for the skin of your home, find out what the most important room really is, discover that traditional upholstered furniture may not be the best seat in the house, and be inspired to create the comfortable, greener home you've dreamed of.