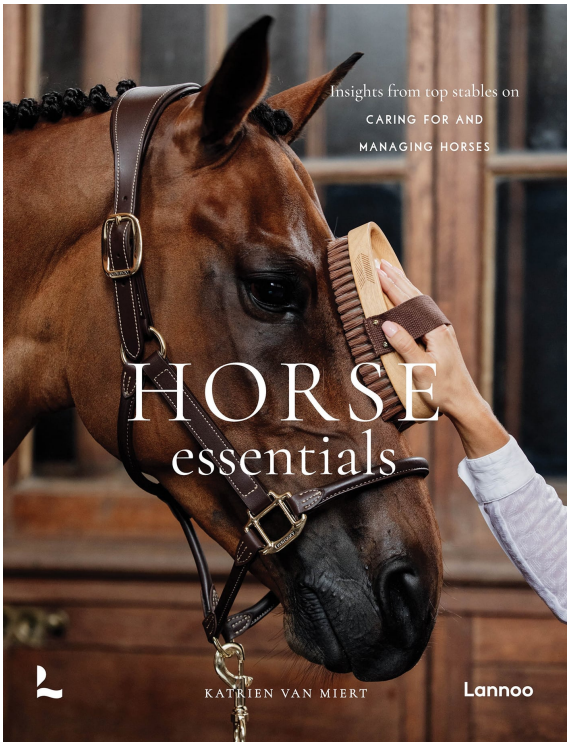
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Horse Essentials

Insights from top stables on caring for and managing horses

Katrien Van Miert

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- Famous riders, grooms, and experts share their knowledge about horse care and management
- An accessible yet ambitious book, inspiring for horse lovers and professionals alike
- Packed with tips, experiences, routines, and practical tools from leading riders, grooms, managers, and experts
- Broadly defined: covering daily care, stable management, equipment selection, training, and connection, for both riding and breeding horses

This book takes you behind the scenes of modern equestrian sport and breeding, where passion and love for horses go hand in hand with performance. Author Katrien Van Miert engages in conversations with leading riders, grooms, breeders, veterinarians, and other experts in the sector. She compiles the knowledge, routines, tips, and experiences of seasoned horse people into a richly illustrated book. From daily care and stable management to equipment selection, training, and keeping foals, breeding horses, and sport horses healthy and happy: this practical and varied book offers accessible basics as well as unique practical insights for every enthusiast and professional who wants to get the best out of themselves and their horse.

Katrien Van Miert grew up in show jumping horse breeding. Since childhood, she has lived among horses and horse people, surrounded by stories from the equestrian sector. She took her love for that world with her to Paardenpunt Vlaanderen and later to Tails Communications, her communications agency for the horse sector.







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