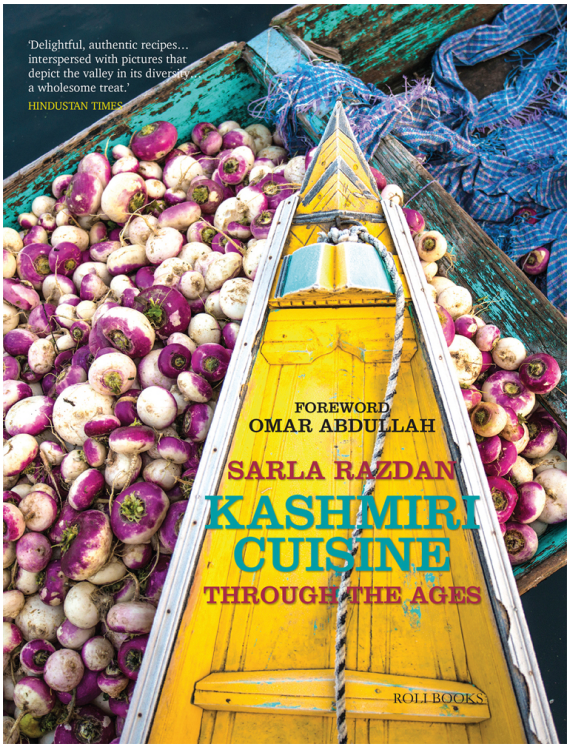
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Kashmiri Cuisine

Through the Ages

Sarla Razdan

ISBN	9788194110941
Publisher	Roli Books
Binding	Hardback
Territory	USA & Canada
Size	6.85 in x 9.25 in
Pages	144 Pages
Illustrations	196 color
Price	$19.95

- A collection of authentic, comprehensive and easy-to-make Kashmiri recipes
- Showcases the splendor of Kashmir through beautiful vintage and new photographs that bring alive its history and culture

Kashmiri cuisine is one of the most delectable and ancient cuisines in the world because of the many foreign influences. People are still a trifle inhibited about cooking it, because, like any delicacy, it demands a delicate sense of the instinct after you have measured ingredients by the spoon or the ladle. But Sarla Razdan's book will chip away the inhibitions and introduce you to a world that cannot be described at the inadequate level of mere words.

Kashmiri Cuisine: Through the Ages
is not just a cookbook but also showcases the splendour of Kashmir through beautiful vintage and new photographs bringing alive the history and culture of the place. A collection of authentic, comprehensive and easy-to-make recipes, popular within the Kashmiri community, makes this book indispensable to all lovers of good food. A section on low calorie Kashmiri food is a treat for the health conscious!

Sarla Razdan is a cooking buff who now lives in New Delhi with her husband, M.K. Razdan, son Nitin and his wife Raka. All of them, including her daughter, Nidhi, yearn for Sarla's home-cooked food preferring to ignore the wide variety of cuisine available in the capital. Sarla Razdan was born in Srinagar and has lived in London, New York, and Delhi, never leaving her love for Kashmiri cooking. Because of her husband's profession as a journalist, a number of celebrities have dined with the family. These include Atal Bihari Vajpayee, Lata Mangeshkar, Sachin Tendulkar, Sunil Dutt to name a few. When she's not trying a new recipe, Sarla plays with the new addition to the family Calvin, the Labrador and Hobbes, the Golden Retriever, whom she simply cannot do without!

Published 20th Apr 2020