TITLE INFORMATION
Tel: +1 212 645 1111
Email: ussales@accartbooks.com
Web: https://www.accartbooks.com/us



Mountains

Sporting in the most beautiful mountain regions in Europe

Jurgen Groenwals

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- Experience all mountain sports from the front line
- Travel to the most beautiful mountain resorts
- With spectacular images
- For all die hard winter sports enthusiasts, for the quiet mountain hiker, for anyone who likes a new challenge, in short, for anyone who has lost his/her heart to the mountains

The mountains have always fascinated people. When you think of a mountain vacation you immediately think of hiking, skiing, cross-country skiing, climbing, etc., but there are plenty of other disciplines to discover that you can practice while overlooking magnificent mountain scenery! Jurgen Groenwals, editor-in-chief of *100%Snow and 100%Trails*, guides you through the rich array of mountain sports, and in the meantime lets you discover the twenty most beautiful – known and less known – mountain villages and valleys in Europe.

Jurgen Groenwals is editor-in-chief of the mountain magazines *100%Snow and 100%Trails*, born storyteller, avid mountain sportsman and tester of sports equipment for several top brands.







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