



## **Paachakam**

### **Heritage Cuisine of Kerala**

**Sabita Radhakrishna**

<b>ISBN</b>	9789392130731
<b>Publisher</b>	Roli Books
<b>Binding</b>	Hardback
<b>Territory</b>	USA & Canada
<b>Size</b>	7.99 in x 10 in
<b>Pages</b>	200 Pages
<b>Illustrations</b>	80 color
<b>Price</b>	\$39.95

- A beautifully-illustrated cookbook that offers authentic insights into Kerala's most popular recipes

Sabita Radhakrishna, author of the best-selling and award-winning *Annapurni: Heritage Cuisine from Tamil Nadu* (2015), now turns her expertise towards Kerala, the green jewel of South India. Step into God's own country with *Paachakam*, a beautifully-illustrated cookbook that offers authentic insights into Kerala's most popular recipes by drawing attention to the communities that cherish them – Syrian Christians, Namboodris, Cochin Jews, Nairs, and Maplas, to name but a few. In exploring their diverse foods and customs, interviewing community elders, and researching preferred spices and flavors, Radhakrishna uncovers special commonalities between them that serve to define Kerala cuisine as a whole. With easy-to-follow recipes, *Paachakam* invites you to enjoy the many tastes of Kerala from the comfort of your own kitchen. The next time you're in the mood for a rich Thalassery Biryani, or a refreshing glass of Pacha Maanga, you know where to look!

**Sabita Radhakrishna** is a food columnist, freelance writer, and textile designer. She is the author of several books, including the best-selling *Annapurni: Heritage Cuisine from Tamil Nadu* ISBN 9789351941309, which was shortlisted for the prestigious Gourmand World Cookbook Awards