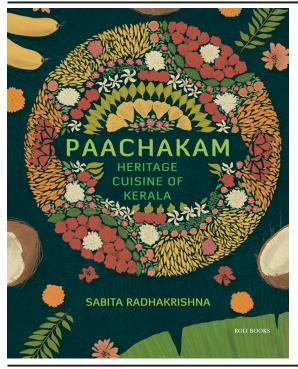
ACC

AR'





Paachakam Heritage Cuisine of Kerala Sabita Radhakrishna

ISBN	9789392130731
Publisher	Roli Books
Binding	Hardback
Territory	USA & Canada
Size	7.99 in x 10 in
Pages	200 Pages
Illustrations	80 color
Price	\$39.95

• A beautifully-illustrated cookbook that offers authentic insights into Kerala's most popular recipes

ISBN **Publis**

Sabita Radhakrishna, author of the best-selling and award-winning Annapurni: Heritage Cuisine from Tamil Nadu (2015), now turns her expertize towards Kerala, the green jewel of South India. Step into God's own country with Paachakam, a beautifully-illustrated cookbook that offers authentic insights into Kerala's most popular recipes by drawing attention to the communities that cherish them -Syrian Christians, Namboodris, Cochin Jews, Nairs, and Maplas, to name but a few. In exploring their diverse foods and customs, interviewing community elders, and researching preferred spices and flavors, Radakrishna uncovers special commonalities between them that serve to define Kerala cuisine as a whole. With easy-to-follow recipes, Paachakam invites you to enjoy the many tastes of Kerala from the comfort of your own kitchen. The next time you're in the mood for a rich Thalassery Biryani, or a refreshing glass of Pacha Maanga, you know where to look!

Sabita Radhakrishna is a food columnist, freelance writer, and textile designer. She is the author of several books, including the best-selling Annapurni: Heritage Cuisine from Tamil Nadu ISBN 9789351941309, which was shortlisted for the prestigious Gourmand World Cookbook Awards