



## **Park Life**

### **A Love Letter to London's Greenspaces**

**Sophia Spring**

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- This book celebrates the salvation that the accessibility of nature brought by London's green spaces

2020 sparked a re-energized love of the capital's parks for its many inhabitants, and photographer Sophia Spring was no exception. Camera in hand, Spring traverses the first dates, family meet-ups, yoga classes, swimming parties and other familiar life activities that suddenly started to take place outdoors. London is unique for its multitude of green spaces, which occupy some of the most expensive real estate in the world, but yet remain free and communal for all. This book celebrates the salvation that the accessibility of nature brought; and will continue to bring.

**Sophia Spring** is a well-established portrait and travel photographer based in London. Her clients include the *New York Times*, *Monocle* and many more.