



Psychedelics

Mattha Busby

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- Broken down into 60 bitesize topics that can be read in sequence or dipped into – perfect for the intelligent but time-poor reader
- Highly visual, with an image to accompany each topic
- One of the first titles in a growing series, *Pocket Primers*, offering concise, intelligent and playful examinations of the pressing issues of our time

Psilocybin. LSD. Ketamine. MDMA. These are the drugs that will change mental health treatment forever. We're on the cusp of a psychedelic revolution. But how did we get here? And if the drugs are so great, why aren't they legalized already?

This book examines the long, turbulent history of psychedelics, from their ancient and spiritual significance to their astonishing medical potential, from Ancient India to 1960s San Francisco to the labs of today and tomorrow. It explores how they might prompt spiritual revelation, reveals their long cultural legacy and traces the development of psychedelic medicine, ultimately asking the question: how can these mind-altering substances alter the world for good?

Mattha Busby is a writer and journalist reporting on drug policy, culture and health. He writes regularly for *The Guardian*, *Vice* and *The Times*, among others, and is the author of the book *Should All Drugs Be Legalized?* (T&H, 2022)