TITLE INFORMATION
Tel: +1 212 645 1111
Email: ussales@accartbooks.com
Web: https://www.accartbooks.com/us



Slow Travel Britain

22 Mindful Journeys Across England, Scotland and Wales

Liz Schaffer

ISBN	9781914314636
Publisher	Hoxton Mini Press
Binding	Hardback
Territory	USA & Canada
Size	8.5 in x 11.25 in
Pages	240 Pages
Illustrations	300 color
Price	$45.00

- Over 20 mindful journeys across England, Scotland and Wales to inspire a deeper connection with their people and landscapes

Put down your phone, open your eyes and immerse yourself in your surroundings. The way to discover Britain is not through packed schedules and perfect Instagram posts; this is a book about traveling for those of us who'd rather take our time, focusing on authentic approaches to popular British destinations. From swimming in Snowdonia (Eryri) to walking Hadrian's Wall, eating Pembrokeshire's wild food to soaking up the history of Skye, travel is so much more than ticking off landmarks or filling an Instagram grid. Don't go far, go slow.

Liz Schaffer is the founder and creative director of *Lodestars Anthology*, an independent travel magazine that explores a single country per issue.

Published 4th Dec 2024