



The Healthy Indoors

New Challenges, New Designs

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- **The Healthy Indoors** candidly addresses the increasing need for spaces designed to serve multiple and diverse uses while promoting a culture of wellbeing and innovation
- Provides a cleverly guided survey of projects that have successfully put the occupants' physical and mental health at the center of their design
- Laying claim to significance beyond that of aesthetics, the 45 case studies selected for this book are presented in a way that will appeal to both professionals and enthusiasts alike
- Successor to the popular book *Where We Work*
- A vital reference tool for anyone seeking inspiration in the field
- An exciting exploration of the latest in conscious design
- Projects are illustrated by stunning photography, floor plans, concept sketches and detailed descriptions
- In-depth features, across multiple chapters

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Health, wellbeing and comfort have become critical priorities in carving new spaces. Addressed through the use of carefully selected materials, systems and design strategies, these considerations are now widely implemented to augment the structures we inhabit, from our homes and workplaces to shops and healthcare centers.

The Healthy Indoors provides a cleverly guided survey of projects that have successfully put the occupants' physical and mental health at the center of their design. Laying claim to significance beyond that of aesthetics, the 45 case studies selected for this book are thoroughly presented in a way that will appeal to both professionals and enthusiasts alike. Find out what are the healthiest new ways to live, work and play!

François-Luc Giraldeau is a Canadian editor who trained as an architect before moving away from the conventional practice of architecture to further indulge in a variety of editorial and curatorial pursuits. He currently oversees the development of a diverse collection of cultural publications, managing all aspects of their creation from commissioning through to publishing. His work is often credited with successfully breaking down complex notions for a general audience, thus creating accessible content that upholds the integrity of each discipline.