



Veggie Pan'Ino

Alessandro Frassica

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| ISBN | 9788867533428 |
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| Size | 7.48 in x 9.45 in |
| Pages | 144 Pages |
| Illustrations | 140 color |
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- Enjoy the taste of Italy, and Tuscany in particular, conveyed by this colorful book showing simple sandwiches, that are packed with flavor, made with vegetarian and vegan healthy ingredients
- Contains 45 recipes

The closest Italy comes to fast food, the panini is perfect for anytime dining: at home, for lunch at work or school, as a snack, or picnic fare. Located just steps from the Uffizi Gallery in Florence, Alessandro Frassica's 'Ino is celebrated for its gourmet panini — simple sandwiches that here are elevated to an art form. The choice and combination of ingredients, the quality of the bread, and attention to preparation are the hallmarks of Frassica's panini. Here this charismatic chef selects forty-five of his favorite vegetarian and vegan recipes, fully illustrated in color, and adapted for easy preparation in the home kitchen.

Alessandro Frassica runs a quality sandwich shop in the heart of Florence.